



WESTERFIELD COLLEGE
LEARNING AND ENRICHMENT CENTRE
Discover. Lead. Excel.

PRE-ARRIVAL GUIDE



Your Journey to Westerfield Starts Here

We are delighted to welcome you to Westerfield College UK.

Whether this is your first visit to the United Kingdom or your first experience of an international summer programme, we want you to feel prepared, confident and excited about your time with us.

Your Westerfield experience begins long before you arrive on campus. From preparing your travel documents and packing your suitcase to knowing what to expect from life in the UK, a little preparation will help you make the most of every moment.

This Pre-Arrival Guide has been designed to help you and your parent or guardian prepare for your journey and your time at Westerfield. It brings together essential information about what to pack, what to expect, staying safe, spending money, medication, excursions, insurance and other practical considerations before you travel.

Our campus will become your home for the duration of your programme, and our team will be here to support you throughout your stay.

Before You Travel

Please take some time to read this guide carefully with your parent or guardian before you travel.

Packing Checklist

Please use the checklist below to help you pack.

Essential Documents

- ☐ Passport
- ☐ Visa (if required)
- ☐ Flight tickets and travel information
- ☐ Travel insurance documents
- ☐ Emergency contact details
- ☐ Medical information and prescriptions (if applicable)
- ☐ Copies of important documents

Everyday Clothing

- ☐ 10-14 T-shirts or tops
- ☐ 5-7 pairs of trousers, shorts, skirts or dresses
- ☐ Underwear and socks for two weeks
- ☐ Pyjamas
- ☐ Casual clothes for evenings and social activities

Warm Clothing

Even in summer, mornings and evenings can be cool.

- ☐ Hoodie or sweatshirt
- ☐ Jumper or fleece
- ☐ Light jacket

Waterproof Clothing

Rain can occur at any time in the UK.

- ☐ Waterproof raincoat
- ☐ Small umbrella

Sports & Activity Clothing

Students will participate in sports, outdoor activities and excursions.

- ☐ Sports tops
- ☐ Sports shorts or tracksuit bottoms
- ☐ Trainers suitable for sport
- ☐ Sports socks
- ☐ Water bottle

Smart Casual Clothing

Students will require smart clothing for presentations, special events and the Student Showcase.

- ☐ Smart trousers, skirt or dress
- ☐ Polo shirt, shirt or blouse
- ☐ Smart shoes

Footwear

Students will walk considerable distances during excursions.

- ☐ Comfortable trainers
- ☐ Smart shoes
- ☐ Waterproof footwear (recommended)
- ☐ Flip-flops or sliders for residence use

Toiletries

- ☐ Toothbrush and toothpaste
- ☐ Shampoo and conditioner
- ☐ Soap or shower gel
- ☐ Deodorant
- ☐ Hairbrush or comb
- ☐ Personal hygiene products
- ☐ Towel

Technology & Photography

- ☐ Mobile phone
- ☐ Mobile phone charger
- ☐ Camera (optional)
- ☐ UK plug adaptor (Type G)
- ☐ Power bank (optional)

Students are encouraged to bring a camera or mobile phone with a camera to capture memories, collect photographs for their Learning Journal and contribute to the Student Showcase.

Please remember that devices will be secured overnight by residential staff in line with our safeguarding procedures.

Medication

If required:

- ☐ Prescription medication
- ☐ Asthma inhaler
- ☐ EpiPen
- ☐ Medical information shared with staff

Excursions & Day Trips

Students will visit locations including:

- Oxford
- London
- Cardiff
- Worcester
- Black Country Living Museum
- Tewkesbury

Students should bring:

- ☐ Small backpack
- ☐ Reusable water bottle
- ☐ Waterproof jacket
- ☐ Comfortable walking shoes
- ☐ Camera or phone with camera

Spending Money

All accommodation, meals, tuition, activities and scheduled excursions are included in the programme fee.

Students may wish to bring spending money for:

- Souvenirs and gifts
- Snacks and drinks during excursions
- Personal purchases
- Gift shops and visitor attractions

Spending money is entirely optional.

Recommended Amount

£100-£150 for a two-week programme

Suggested daily budget:

£5-£10 per day

Students remain responsible for any personal purchases and valuables.

What Students Often Forget

- ☐ UK plug adaptor
- ☐ Mobile phone charger
- ☐ Waterproof jacket
- ☐ Warm jumper or hoodie
- ☐ Comfortable walking shoes
- ☐ Water bottle
- ☐ Spending money
- ☐ Camera or phone with camera

What to Expect in the UK

Weather

Many international students are surprised by life in the UK.

- Summer weather can change quickly.
- Temperatures are often cooler than expected, especially in the evenings.
- A waterproof jacket is one of the most useful items you can bring!

Our Top Tip

Bring clothing for:

- Sunshine
- Cooler evenings
- Rain

Sometimes all in the same day!

We look forward to welcoming you to Westerfield College and sharing an unforgettable summer with you.

Medical information

Nearest Hospital: Worcestershire Royal Hospital

Address: Charles Hastings Way, Worcester WR5 1DD

Distance / Time: Approx. 17.2 km (25-minute drive)

Details: The main acute hospital for the area with a 24-hour Emergency Department (A&E).

Staying Safe in the UK

The UK is generally a safe place to live and study, but students should take sensible precautions, particularly when travelling or visiting busy towns and cities.

You could cover:

- Stay with your group: Students should follow staff instructions and remain with their group during trips and activities. They should never leave the group without permission.
- Keep valuables safe: Keep phones, passports, money and other valuables secure. Avoid displaying expensive items in busy public places and keep bags closed.
- Road safety: In the UK, vehicles drive on the left-hand side of the road. Always use pedestrian crossings where available and look carefully in both directions before crossing.
- Public transport: Students should stay with their group, follow staff instructions and take care when getting on and off buses and trains.
- At night: Students should not travel alone at night. They should follow the summer school's curfew and always tell a member of staff if they are unsure about where they are going.
- Strangers: Students should not accept lifts, invitations or gifts from people they do not know. If they feel uncomfortable or unsafe, they should move to a safe place and tell a member of staff.
- Lost or separated: If a student becomes separated from their group, they should stay in a safe, public place and contact a member of staff rather than trying to find the group alone.

- Money and cards: Keep cash to a minimum and take care when using bank cards or ATMs. Never share a PIN or banking password.
- Emergency services: In an emergency, call 999 or 111. These numbers can be used for police, fire and ambulance services.
- Asking for help: Students should feel comfortable speaking to any member of the summer school team if they are worried, lost, unwell or feel unsafe. Staff will help them decide what to do.

Insurance

We strongly recommend that all students have appropriate medical insurance for the full duration of their course. This should provide cover for medical treatment and any other healthcare costs that may arise during their stay in the UK.

Travel and cancellation insurance is optional but strongly recommended. If a student is unable to attend or needs to cancel their place due to unforeseen circumstances, fees will remain subject to our Refund and Cancellation Policy. We recommend that parents and students take out suitable travel insurance that includes cancellation cover before travelling to the UK.

Students and their parents/guardians are responsible for checking that their insurance provides adequate cover for their individual circumstances.

And remember to have fun! See you soon
The Westerfield College.

